***Benefits offered to LSU residents:***

<http://www.lsuhsc.edu/no/administration/hrm/Benefits.aspx>

*Health Insurance*

* *Cigna (LSU First Health Plan), Blue Cross HMO ,PPO, Consumer Driven High Deductible Plan.*

*Premiums Only Plan – pre-tax deductions for medical, dental & vision premiums*

*Flexible Spending Accounts (FSA) for Health Care and Child Care*

*Dental- Option 1 Enhanced Plan and Option 2 Basic Plan*

*Vision Insurance*

*Cobra Coverage*

*Life Insurance*

* *LSU Life – Hartford*
* *OGB Life – Prudential*
* *Hartford Accidental Death and Dismemberment /Travel Plan*

*Long Term Disability Insurance- American General*

*Retirement Options*

* *La State Employees Retirement System*
* *Optional Retirement Plan*
* *Teachers Retirement Systems of La*
* *403 B Voluntary Retirement Plan*

*Credit Union Banking Direct Deposit Pretax parking plan*

*Sick leave, annual leave, educational leave*

*Discount programs*

* *Cox cable*
* *Sprint*

*Beepers- provided by LSU*

*Wellness Center Membership*

*Revised 2 2014*